



American Red Cross

of Northeastern New York

Emergency Preparedness Shopping List

NUMBER OF FAMILY MEMBERS	0	Members			
NUMBER OF DAYS FOR KIT	0	Days			

Kit Components	Quantity	# of family members	# of days	Quantity for your familys' kit	
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Components that are affected by number family members and days

Water in gallons	1	0	0	0	Gallons
Food in calories	1,600	0	0	0	Calories

Components that are affected by number family members

Emergency Blanket	1	0		0	
Light Sticks	1	0		0	
Moist Towelettes	6	0		0	
N95 Breathing Mask	1	0		0	
Rain Pocho	1	0		0	

Components that are not affected by number family members and days

Flashlight	1			0	
Radio	1			0	
Batteries-set for flashlight	1			0	
Batteries-set for radio	1			0	
Emergency Preparedness Booklet	1			0	
Gloves, Work	1			0	
Plastic Sheeting	1			0	
First Aid Kit	1			0	
Duct Tape	1			0	
Whistle	1			0	

Other items to add to Kit

Medications					
Multi-Purpose Tool					
Clothing					
Personal items					
Sanitary items					
Money					
Pet Supplies					
Map					